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They worked round the clock to save lives and help patients recover faster.

In recognition of their effort and talents, ten outstanding enrolled nurses have been conferred the coveted Tan Chin Tuan Nursing Award.

Join Claire Huang speaks to one of the recipients.

Even when she was just a child, Madam Soonthrammal Nalappan wanted to be involved in saving lives.

But it was a short stint at Toa Payoh Hospital that sealed her love for nursing.

"During my Secondary School (time) when I was in Sec Four, I even had a posting to Toa Payoh Hospital. That is actually every weekly we go for four hours, posting to the wards, and where we learnt to do basic nursing. That actually empowered me to take up nursing."

From there, the 46-year-old Madam Soonthrammal embarked on her journey to becoming an enrolled nurse.

Currently, the mother of two is a Principal Assistant Nurse at the Institute of Mental Health.

And she has never looked back.

"It's always I feel there's a satisfaction. Whenever coming to work is always, I feel that I'm coming to help somebody, and (I) never regret. I have no regrets at all."

Madam Soonthrammal has been in the profession for more than two decades and as she explains it's her passion that has kept her going.

"Nursing is a career where not everyone is a good nurse, you need a lot of commitment, dedication, patience, concern, care, love. All these come into nursing. If you don't have all these qualities, it's very difficult to be a good nurse. And I always feel that as a nurse, I always see that my patient recovers and go back. That is my satisfaction." Besides actively upgrading her skills, Madam Soonthrammal also volunteers at the Thomson Nursing Group.

In her spare time, she provides caregiver education to families of bedridden residents in the area.

Her consistent commitment to nursing excellence and her willingness to help won her the Challenge Trophy of the Tan Chin Tuan Nursing Awards.

Madam Soonthrammal is one of the ten recipients this year, chosen out of 20 nominations from 15 public and private healthcare institutions.

Giving out for the third year, the award aims to recognise outstanding nurses who demonstrate professionalism and commitment in the industry.