

September 2016 Issue

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WE DO CARE is a monthly newflash by  
**Care Community Services Society**



# we do Care

## Partnerships that Empower the Young and Old

CCSS is thankful for the repeated support from our partners, endorsing our work in the community and coming alongside us to empower the young, old and disadvantaged. In September a group of volunteers and a philanthropic foundation partnered with us for the third consecutive year for two meaningful events.



*Above: Elderly beneficiaries at the B60 run*

### Believe B60 Charity Run

Fifty-three elderly beneficiaries took part in 'Believe B60 Charity Run', a volunteer-headed fundraising event organised by a group of runners. The seniors, of whom six were in wheelchairs, participated in the 'fun run' category on 3 September at the Geylang Park Connector.

Mdm Teng, who gets around with a walking stick after suffering a stroke, was excited

to participate in her first friendly run. Even though she was slower than her peers, she was determined to complete the race. "At the start of the run, I told the rest of the participants to walk ahead of me, as I did not want to slow them down," shared the 70-year-old. "A volunteer walked beside me throughout, so I had company even though I was at the back of the group."

The charity run raised more than \$60,000 for CCSS. 432 volunteer runners completed a 20-kilometre competitive race and a competitive team relay run.



*Above: CareHut beneficiaries performing a hip-hop routine at Anglo-Chinese School (Independent)*

### **'More Than Words' Showcase**

More than 70 CareHut beneficiaries performed a hip-hop dance and a drama item after attending a two-month programme of creative arts workshops sponsored by the Tan Chin Tuan Foundation (TCTF). The performance was part of TCTF's 'More Than Words' Showcase held on 8 September and attended by 850 guests that included their family and friends.

"The programme has given the children an opportunity to express themselves creatively as well as inspire them to value determination and courage. The performance held at Anglo-Chinese School (Independent), was a milestone event for some of the lower primary children, who have never performed for such a large audience before," shared CareHut supervisor Brenda Chong.

***Celebrate our 20 years of Serving the Community with us!***

This year, *WE DO CARE* will be sharing **20 Ways** you can spread Love and Care to

the community.

Here are two more ways:

**#15 Sponsor performing arts workshops** for children to discover their talents and grow in self-confidence

**#16 Conduct a painting workshop** for elderly beneficiaries to practise their motor skills through a fun and engaging activity

Contact [Ms Shan Shan](#) at [6304 7638](#) or [ShanShan@carecom.org.sg](mailto:ShanShan@carecom.org.sg) to find out how you can be part of this meaningful celebration!

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