

Yong-en News



July 2016

永恩关怀中心
YONG-EN CARE CENTRE
A Community Service of Fairfield Methodist Church
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Seniors got talent!

Seniors with dementia acting in dramas; the same seniors creating arts & crafts like beautiful tie-dye shirts, mosaic and leaves art; ice breakers at single mum's support group; interactive family bonding and learning day – these activities which elicited lots of fun and laughter amongst our clients and beneficiaries were created by Interns at Yong-en.

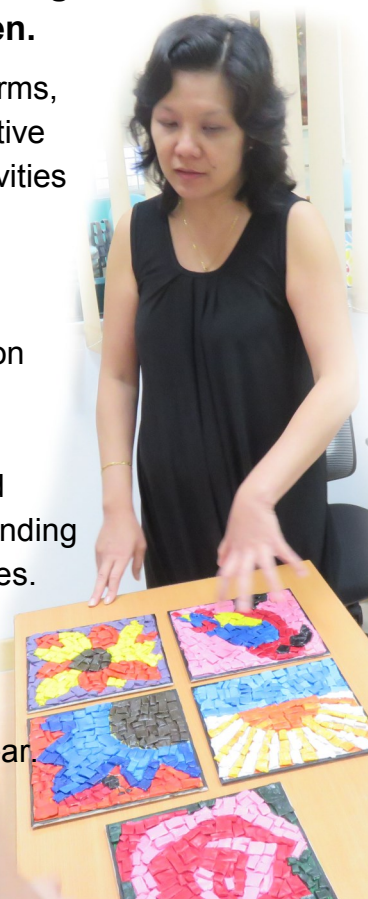
Apart from providing for needy individuals and families in Chinatown and beyond, Yong-en creates platform for meaningful learning opportunities and exposure for young people; to build greater awareness of needs on the ground. On 20th July, we were thrilled to hear from nine NTU and Ngee Ann Polytechnic Interns who were with us for 10 and 18 weeks respectively. They shared their experiences working with our two core services of Dementia Day Care Services (DDCS) and Counseling, Social Work and Referral (CSR).

Interns at DDCS led activities with our seniors such as reminiscence therapeutic projects, cognitive stimulation projects, including planning outings for both seniors and their care-

givers. Through these platforms, seniors were treated to creative platforms like art, tactile activities and even drama sessions!

Interns at CSR assisted with Yong-en's monthly food ration distribution programs, were involved in single mums and children support groups, and planned our yearly family bonding day event for our beneficiaries.

We thank Tan Chin Tuan Foundation for funding our Interns' Allowance for the year.





"It's our pleasure to partake in your interns' learning journey. They are bright and capable, and your team has certainly done well in grooming their passion for the sector!"

**Ms Kirsten Law, Manager of Grants and Programmes,
Tan Chin Tuan Foundation**



Feedback from some interns on what they have gained from their internship experience:

"My experience with single mum's support group threw my misconception of support group out of the window. I was glad to have the opportunity to introduce an ice-breaker to the group. Hearing from one of them to say that 'they haven't laughed so much in a long time' made my day."

**Isaiah Tee,
Sociology Major, NTU**



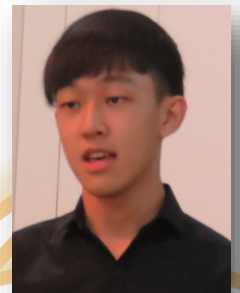
"What I studied is theoretical and I was glad for the experience working with seniors with dementia that added to my academic knowledge. I realized they are just like any other persons. Main difference is just more forgetful."

**Lim Tong Li, Psychology Studies,
Ngee Ann Polytechnic**



"Importance of Filial Piety; an increased respect for elderly."

**Phay Yan Deng,
Psychology Major, NTU**



"Such an enriching experience for me. I learned that every client is different and this goes beyond academic knowledge."

**Leon Chen,
Psychology Major, NTU**



"So different from just reading about it in school. I worked with lower income families and I see them taking joy in simplest of things. I can see they are very happy when collecting their monthly ration pack. My time in Yong-en made me more appreciative of what I often take for granted."

**Gerald Ang, Psychology Studies,
Ngee Ann Polytechnic**

If you wish to make a donation, please visit www.yong-en.org.sg for more information for non-cheque donations. For cheque donations please issue to "Yong-en Care Centre" and mail it to "335A Smith Street, #03-57, Singapore 051335", and indicate: • Organisation Name (for corporate donation) and contact person; • Name as in NRIC and NRIC number (for tax deduction for individual donors) • Mailing address (for us to send you the receipt) • Email address.

Your donation for 2016 is eligible for 2.5 times tax exemption benefits.