



MUSIC FOR THE SOUL

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"I have been participating in Care Corner Senior Activity Centre ['SAC'] for the past four years and I always look forward to the programmes planned by the staff. One of the recent programmes that made an impact in my life was the Angklung Programme, organised by Esplanade – Theatres on the Bay and sponsored by Tan Chin Tuan Foundation, where all of us (seniors) worked together to play several music pieces. Though it was challenging, we had lots of fun following the music notes and synchronising with our fellow seniors. From the programme, I learned that we need to be united and accommodate to one another to be able to play the songs.

The real fun began when the children from Newlife Childcare Centre joined us in one of our Angklung practices. It was definitely a novel experience for me to teach and guide the K2 students on how to play the instrument. It was a wonderful feeling to bring joy and laughter to these young children.

My involvement in this learning journey with the kids gave me a sense of renewed purpose in life. I never knew that in my old age, I could still contribute back to the community and inspire the next generation of Singaporeans. I am grateful that my friends and other SAC members are able to impact lives together and I am proud to be part of this community."

Mdm Koh Ah Sai,
Service user of Care Corner
Senior Activity Centre (SAC WL569A)

